



# Pearl Prep

## January 2023 Lunch Menu



Milk is Offered Daily with Breakfast and Lunch: 1% Unflavored 120 cal, CHO 14g & Non-Fat Flavored 120 cal, CHO 22g

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 <b>Cheeseburgers</b>	4 <b>Roasted Chicken</b>	5 <b>Mac and Cheese</b>	6 <b>Corn Dogs</b>
9 <b>Teriyaki Chicken</b>	10 <b>Roasted Chicken Wings</b>	11 <b>Chicken Nuggets</b>	12 <b><u>Pizza Thursday</u> Pizza Hut Pepperoni or Cheese Pizza</b>	13 <b>BBQ Rib Sandwich</b>
16 <b>Martin Luther King Jr. Day No School</b>	17 <b><u>Breakfast Tuesday</u> Pancake/Sausage on a Stick</b>	18 <b>Chicken Sandwich</b>	19 <b><u>Pizza Thursday</u> Pizza Hut Pepperoni or Cheese Pizza</b>	20 <b>Homemade Spaghetti</b>
23 <b>Fish Sticks</b>	24 <b>Chicken Tenders and Waffles</b>	25 <b>BBQ Rib Sandwich</b>	26 <b><u>Pizza Thursday</u> Pizza Hut Pepperoni or Cheese Pizza</b>	27 <b>Oven Roasted Chicken</b>
30 <b>Grilled Cheese Sandwich and Tomato Soup</b>	31 <b>Taco Tuesday</b>			

This Institution is An Equal Opportunity Provider.

This Menu is Subject to Change Without Prior Notice.