




# Pearl Prep September 2023 Lunch Menu



Milk is Offered Daily with Lunch: 1% Unflavored 120 cal, CHO 14g & Non-Fat Flavored 120 cal, CHO 22g

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1  WG Spaghetti w/Meat Sauce
4 Labor Day Holiday - No School  	5  WG Grilled Cheese Sandwich	6  WG Hot Dog	7  <u>Pizza Thursday</u> Pizza Hut Pepperoni or Cheese Pizza	8  Corn Dog
11  Fish Treasures (4 pc)	12  <u>Breakfast Tuesday</u> WG Pancake & Sausage on a Stick	13  WG Chicken Sandwich	14  <u>Pizza Thursday</u> Pizza Hut Pepperoni or Cheese Pizza	15  Turkey & Gravy w/ Mashed Potatoes
18  WG Bean & Cheese Burrito	19  <u>Breakfast Tuesday</u> Chicken (5 pc) and Waffles	20  WG Orange Chicken Bowl	21  <u>Pizza Thursday</u> Pizza Hut Pepperoni or Cheese Pizza	22  WG Spaghetti w/Meat Sauce
25  WG Macaroni & Cheese	26  <u>Breakfast Tuesday</u> Sausage, Egg & Cheese Breakfast Sanwich on an English Muffin	27  WG Hot Dog	28  <u>Pizza Thursday</u> Pizza Hut Pepperoni or Cheese Pizza	29  Chili Con Carne & Beans